WYSOKOŚCIÓWKA.ORG
wszystko co związane (z) linami

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Training offer: Masts and Lattice Towers

PETZL technical partner

A course for mobile network riggers and anyone else who works on masts and lattice towers. It is also for employers who want their staff trained professionally.

Work on these structures takes specific skills. You need to climb the structure safely and move on it with continuous fall protection, also when passing platforms and other obstacles. You need to find a reliable anchor point on the structure, get into a work position that leaves your hands free and secure your tools against falling. You also need to know what to do when a co-worker is left suspended in their harness: we practise rescue from the structure with a dedicated rescue kit. You will train all of this with the basic work-at-height equipment these tasks need. We also cover the regulations that apply to the worker and the employer.

Initial and refresher course
The initial course takes 2 days. The refresher course takes 1 day and must be repeated every year. People who have completed an initial course, also at another training centre, can take the refresher.

Why the training is required
Polish law requires training before work at height begins and a refresher every year, because work at height is classed as particularly hazardous work (Labour Code, art. 237^3; Regulation of the Minister of Labour and Social Policy of 26 September 1997 on general health and safety at work; Regulation of the Minister of Economy and Labour of 27 July 2004 on health and safety training). Equipment manufacturers also state that fall protection equipment may only be used by trained people.

Masts and Lattice Towers – course details

INITIAL COURSE	**2 days, PLN 1,200 per person**
REFRESHER COURSE	**1 day, PLN 600 per person**
GROUP SIZE	**up to 8 people, can be increased to 16**
VENUE	**WYSOKOŚCIÓWKA.org Training Centre, Warsaw, or at your site**
TRAINING AT YOUR SITE	**priced individually**
PRICE INCLUDES	instructor supervision, all work-at-height equipment and issue of the certificate.

Dates and sign-up: www.wysokosciowka.org/en/courses/masts-and-lattice-towers/

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