WYSOKOŚCIÓWKA.org
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Warsaw, 18 November 2026

Training offer: IRATA

industrial rope access L1, L2 and L3 in Warsaw

Industrial rope access course with an exam by an independent IRATA assessor

If you want to work on ropes, start with IRATA. It is the most widely recognised industrial rope access system in the world and, for many people, the first step into rope access work.

Polish law does not require the IRATA certificate for every job at height. Many companies in Poland and abroad, however, require it from rope access technicians, because it confirms training and an exam to one international standard.

Who is it for

The L1 course is for anyone who wants to start working in rope access. You need no rope experience and no previous qualifications. The L2 and L3 courses are for technicians who already have hours of rope work behind them and want to move up a level, and for those whose certificate is about to expire.

The certificate is useful wherever a lift cannot reach and scaffolding cannot stand:

- wind energy
- façades and buildings
- chimneys and silos
- bridges and viaducts
- masts and steel structures
- industrial plants
- inspections and surveys

IRATA levels

L1

Rope access technician. Carries out rope access work under the supervision of an L3 technician. You start with no rope experience.

L2

Experienced technician. Carries out more complex tasks, rigs anchors and performs rescues, still under the supervision of an L3 technician. You need a valid L1 certificate and 12 months and 1,000 hours of work at L1.

L3

Supervising technician. Responsible for safety in rope access work, planning and rescue at the worksite. You need a valid L2 certificate, 12 months and 1,000 hours of work at L2, and a current first aid certificate.

Your path in IRATA

1. **L1 course and exam** with no experience
2. **Rope access work** 12 months and 1,000 hours in your logbook
3. **L2 course and exam** with a valid L1 certificate
4. **Rope access work** 12 months and 1,000 hours at L2
5. **L3 course and exam** also with a first aid certificate

Your hours must be recorded and verified in your logbook, and your certificate must be valid on the day of the exam. Bring your logbook on the first day of the course.

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Renewal every 3 years

The IRATA certificate is valid for 3 years. To renew it, you take the training and the exam at your level again. It is the same course: 4 days of training and 1 exam day. It is best to sign up before your certificate expires.

Returning after a break

If you have not worked on ropes for 180 days or more, IRATA requires refresher training before you return to work.

What you will learn

At L1 you will learn to work safely in a two-rope system, on a working line and a safety line:

- descending and ascending
- passing knots
- rebelays and deviations
- rope-to-rope transfers
- edge negotiation
- rigging anchors
- rescuing a partner suspended on the ropes
- pre-use equipment checks

At L2 and L3 you move on to more complex anchors, raising and lowering systems and more demanding rescues. At L3 we also teach work planning, risk assessment and team supervision. At every level you learn the IRATA rules: the International Code of Practice (ICOP) and the Training, Assessment and Certification Scheme (TACS).

How the course runs

Days 1–4

Training in our hall: theory and rope work following the syllabus for your level.

Day 5

The exam. You will be assessed by an independent IRATA assessor.

The exam step by step

1. **Documents.** Bring a photo ID and your logbook.
2. **Theory.** At L1 and L2 the assessor asks questions that check whether you understand the principles of rope access. At L3 you sit a written theory exam: 10 questions in 30 minutes, with 7 correct answers needed to pass.
3. **Practical.** You prepare and check your equipment, carry out a buddy check, perform the manoeuvres set by the assessor and answer the assessor's questions. During the exam the instructor may not help you.
4. **Result.** The assessor goes through the result with you. If you do not pass, you can retake the exam within 60 days.
5. **Certificate.** IRATA checks that you meet the requirements and registers your result. You receive a certificate valid for 3 years and, on first registration, also a photo ID card and a logbook. The exam and exam fees are included in the course price.

Requirements

- minimum age 18,
- good physical fitness and no medical conditions that prevent safe work at height; you confirm this in the IRATA medical declaration,
- an account in the IRATA TechConnect system,

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- for L2 and L3: a valid certificate and a logbook with your hours, and for L3 also a first aid certificate.

IRATA publishes its documents, including the International Code of Practice (ICOP), on irata.org.

Why train with us

IRATA member

We are an IRATA International member company, number 6030/T.

Training hall in Warsaw

We train at our Training Centre at ul. Kosmatki 12.

Small groups

The group is 8 people and can be extended to 16.

Instructors who work in the field

We work on ropes, provide safety cover for hazardous projects and train rescuers in the ITRA system.

After IRATA you can take the next step with us. On the ITRA Rope Rescue course you learn rope rescue, and on the PPE Inspector course you learn periodic equipment inspection.

IRATA – course details

DURATION	**4 days + 1 exam day (5 days in total), each level**
GROUP SIZE	**8 people, can be extended to 16**
TRAINING VENUE	**WYSOKOŚCIÓWKA.org Training Centre, ul. Kosmatki 12, 03-982 Warsaw, Poland**
PRICE	**PLN 4,500 per person**
DISCOUNTS	Several people on the same date: 2 people 5%, 3 people 8%, 4 or more people 11%; serving members of the uniformed services, GOPR and TOPR mountain rescuers: 15%; paramedics, nurses and doctors: 15%; returning trainees: 15%; package with the PPE Inspector course: 15%; early booking: 10% (60 days before the course) or 15% (90 days). Discounts and promotions cannot be combined; only the largest one applies.
PRICE INCLUDES	instructor supervision, equipment, the exam and exam fees, and issue of the certificate.

Dates and sign-up: www.wysokosciowka.org/en/courses/irata/

Contact: tel. +48 666-202-702, szkolenia@wysokosciowka.org